

## Symptoms of a Stroke?

Try to remember the acronym F.A.S.T.

# Learn to Recognize the Signs of a Stroke

## Act 'FAST'

Stroke symptoms are unique because they come on suddenly, without warning. The National Stroke Association suggests using the term "FAST" to help you recognize common stroke symptoms.



### F for face

If you notice a droop or uneven smile on a person's face, this is a warning sign.



### A for arms

Arm numbness or weakness can be a warning sign. You can ask the person to raise their arms if you are unsure. It's a warning sign if the arm drops down or isn't steady.



### S for speech difficulty

Ask the person to repeat something. Slurred speech can indicate that the person is having a stroke.



### T for time

Act fast if someone is experiencing stroke symptoms.

---

**Call 911 if you feel or see these signs happening to someone.**

### F— Face drooping

Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven or lop-sided?

### A— Arms

Weakness or lack of strength in arm or leg, especially on one side of the body. Numbness/constant touching, massaging, or shaking of the numb areas.

### S-Speech

Unable to speak or slurred speech. Sentences that can't be understood, difficulty having a conversation.

### T— Time to call 9-1-1

If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately.